

THE SEAGULL GAZETTE

Distributed by the Princess Anne Elementary PTA
2444 Seaboard Rd., VB, VA 23456
"Success comes when we all pull together"
www.princessannees.vbschools.com



ISSUE 05, Nov 04, 2009

The Bedford Falls Book Fair is Coming!

Cozy up with a good book from the Bedford Falls Book Fair. The fair will kick off at Santa's Breakfast Saturday, December 5th in the library and wrap up on Friday, December 11. The Book Fair will be open during regular school hours and during the evening of December 8. Each student will visit the fair with their class and make a wish list. Students will also have the opportunity to donate a book to a child in need in Hampton Roads. Teachers' wish lists will be posted too. Keep your eyes open for information coming home soon in your child's folder. Hope to see you there! Any questions, contact Kristin Hildum at Kristin.hildum@vbschools.com.

Kristin Hildum
Librarian

Fall Concert

Our Fall Concert is scheduled for Tuesday, November 24, at 7:00 p.m. It will be presented by the Princess Anne Elementary Chorus and First Grade Singers.

Come enjoy our patriotic and Thanksgiving Holiday songs! **All are welcome!**

Janet White
Music Teacher



Seagull Spirit Wear Sale!!!

Order forms for the PAE Seagull Spirit Wear Sale were sent home in Tuesday folders this week.

There are many styles to choose from including long sleeve tees, hoodies and zippered sweatshirts only available this fall!

We make a profit on every item that is ordered. By purchasing Spirit Wear, you can help us reach our goal of having a Smart Board in every classroom!

The deadline for turning in order forms is Friday, November 20th. With the Holiday Season around the corner, order forms need to be turned in by the deadline so items can be received before Winter Break.

Please fill out the order form completely and include your phone number in the event we need to contact you about your order. Checks should be made payable to PAES PTA.

Sizing information is located on the back of the order form. A copy of the order form is located on our school website. If you have any questions, please contact Lisa Whitney at fivewhiteys@Verizon.net.

Lisa Whitney
Spirit Chairman

Mark Your Calendars!

| | |
|-----------|-------------------------------|
| Nov 10 | PTA Meeting in Library |
| Nov 11 | Veteran's Day Holiday |
| Nov 16-20 | Coat Drive |
| Nov 20 | Deadline for Spirit Wear Sale |
| Nov 23 | Report Cards Issued |
| Nov 24 | Fall Concert |
| Nov 25-29 | Thanksgiving Holidays |
| Dec 5 | Santa's Breakfast |



PTA Meeting

The next PTA meeting is Tuesday, Nov. 10th.
We hope to see you in the library at 7:00 pm!



Breakfast with Santa!

Breakfast with Santa is quickly approaching! Mark your calendars so you won't miss this fun-filled event! Santa will make his annual visit to Princess Anne Elementary on Saturday, December 5th, beginning at 8:30 A.M. Reservation forms will be coming home during the week of November 9th. Volunteers are needed for the morning of the breakfast! If you would like to help for an hour or two, please contact Christy Flanagan at 563-2794 or flanaganfamily@verizon.net.

Thank you!
Christy Flanagan



Counselors Corner

November already! It's hard to believe we are already into November! This month I will be working with Mrs. Austin, our Computer Resource Specialist in teaching all grade levels about internet safety. **We will meet in the computer lab and go through some great web sites filled with good information.**

These include:

<http://www.brainpop.com/> which has great short clips and then quizzes and activities.

Then, we will go to three fabulous sites which help the kids write about Internet safety including:

<http://www.readwritethink.org/materials/comic/> ,

<http://www.readwritethink.org/materials/flipbook/>
and

<http://www.readwritethink.org/materials/postcard/>.

This lesson will take two classes but we think it is so important in this electronic age to give our electronic learner the tools to be safe.

There are also some very good parent sites also these include (but are not limited to):

<http://www.netsmartz.org/index.aspx>

Go to parent link at top of page and this one is sponsored by VBCPS :

http://www.vbschools.com/computer_safety/index.asp.

BE SAFE!

Annie Johnson
Counselor



The Shamrock Final Mile Run

The Shamrock Final Mile Run will be **Saturday, March 20th at 11 am at the Oceanfront. Shamrock Final Mile Run Registration is now open.** Students may register on line or get a form from a PE teacher. **Go ahead and sign up now!**

Mrs. Killmeyer's webpage has a link to the Shamrock site. **The registration fee is \$20.00 if you register before Dec. 31st.** Please call if you have any questions.

Jerry Killmeyer
648-3480 ex. 54368



Coat Drive

The fifth-grade classes, in conjunction with WAVY-TV 10, will be collecting new and gently-used coats for the needy children in the Tidewater area. **The Coat Drive will run November 16-20.** Coats may be dropped off in the school's foyer each morning. **Each coat will go a long way in helping others.**

Mark Bonney
Fifth Grade Teacher

H1N1 Vaccine

Parents will receive an ALERTNOW message giving them 2 to 3 days notice of the date the Health Department will be at PAE to administer the H1N1 vaccine".

Sally Berry
School Nurse



From the Seagulls Nest

Why is it important to eat grains, especially whole grains?

Eating grains, especially whole grains, provides health benefits. People who eat whole grains as part of a healthy diet have a reduced risk of some chronic diseases. Grains provide many nutrients that are vital for the health and maintenance of our bodies.

- Consuming foods rich in fiber, such as whole grains, as part of a healthy diet, reduces the risk of coronary heart disease, may reduce constipation, may help with weight management, and grains fortified with folate before and during pregnancy helps prevent neural tube defects during fetal development.
- Grains are important sources of many nutrients, including **dietary fiber**, several B vitamins (thiamin, riboflavin, niacin, and folate), and minerals (**iron, magnesium**, and selenium). Monthly student menus can be found at www.vbschools.

Deborah Sirois
Cafeteria Manager

PTA Membership News

We still need your help! If you have not become a member of the PTA, please consider joining! We have not reached 100% participation but it is not too late! A **huge** thanks to the following classes that have made 100% so far. **They will be receiving an ice cream treat!**

| | |
|---------------------|-----------------------------|
| Ms. Wright | PreS & Pre K |
| Ms. Ellison | 1st Grade |
| Ms. Thompson | 3rd Grade |
| Ms. Jones | 4th Grade |
| Ms. Tecson | 4th Grade |
| Mr. Bonney | 5th Grade |

I would love to see all our classes receiving an ice cream treat! Please look for your membership cards to be coming home soon. Enclosed you will find your membership card and a card from Cold Stone offering 5% back to the school for any purchase at their store! **Thank you Cold Stone!** If you have any questions, please do not hesitate to contact me!

Theresa Mejia
Membership Chair
376-3341

Update for our Earth-friendly Seagulls!

Our **Earth Friendly Seagulls** put their green thinking into reading month and had some terrific ideas! There were almost 30 students who showed Babymouse illustrator Matt Holm that there should be a new Babymouse book called *Babymouse Goes Green*.

A big thank you to our fabulous PTA for bringing us another wonderful experience and for always supporting our green efforts, too! Remember all the recycling we do here at PAE!

MRS. C-W COLLECTS SEVERAL ELECTRONIC ITEMS IN HER ROOM 25:



- **LAPTOP / NOTEBOOK COMPUTERS BOTH MAC AND PC**
- **IPODS, MP3 PLAYERS AND CELL PHONES**
- **DIGITAL CAMERAS AND VIDEO CAMERAS**
- **PERSONAL GAME SYSTEMS LIKE NINTENDO DS AND GAMEBOYS**

MRS. SPENCE RECYCLES INK JET & TONER CARTRIDGES TO BENEFIT SUNSHINE EXPRESS

MRS. MARSHALL COLLECTS OLD BATTERIES, TOO



...Keep the recycling coming in!

Stay tuned for our new composting program in our cafeteria so that we'll be recycling our food waste soon, too!

Mrs. C.W.

The Seagull Gazette is published twice a month. If you have any questions, please contact Lisa Whitney at fivewhitneys@verizon.net.

***** Next issue coming November 18th *****